



Organ donation

Activity 1: Heads and Tails - you have a choice?

- › Students stand and have to select heads or tails (placing their hands on their heads or hands on their hips/tails) for the following questions:
 - What football team would you follow West Coast (heads) or Dockers (tails)?
 - Which is a better computer, Apple Mac (heads) or PC (tails)?
 - Where would you eat dinner, MacDonald's (heads) or Hungry Jacks (tails)?
 - Would you donate old clothes to a charity (heads) or throw them in the bin (tails)?
- › Sometimes the choices that we make are out of our hands, for example is it going to rain today. However, if you do some research (e.g. look on the internet, watch the news etc.), this research allows you to make an informed decision as to whether you need to take an umbrella.
- › So heads or tails, donate your organs (heads) or don't donate your organs (tails)
- › If you are under 18 your family ultimately have the final choice if they donate your organs after death or not. It is really important that you voice your choice so your family can follow your wishes.

Activity 2: What does it mean to donate?

- › Students are to watch the 'Decided about organ and tissue donation?' on the link below <http://www.donatelife.gov.au/videos>
- › After watching the above video, students brainstorm as a class using the whiteboard to write down concerns/myths about donating organs, for example:
 1. What does it mean to be pronounced brain dead?
 2. Doctors won't work to save your life; if you have registered to be a donor.
 3. I don't want to donate my eyes but would like to donate my other organs.
- › Students are to get into groups and are given a myth to research. The following website is a great resource to start their research http://www.donatelife.gov.au/sites/default/files/Myth_print.pdf
- › Show and discuss with students the image of what can be donated and how it helps the organ recipient http://www.donatelifeny.org/uploaded_files/tiny_mce/files/tissue_man_2009.pdf

Activity 3: Why is donating beneficial?

- › Let's watch another video on who benefits from donating our organs. Select one of the videos from the following website: <http://www.donatelife.gov.au/videos>
- › Donating your organs is a very personal thing; I would like you all to write a pros and cons list. Maybe this will help you decide what option is best for you. Remember once you have made a decision be sure to discuss this with your family.
- › Would anyone like to be immortal (to live forever)?
- › Is it possible to be immortal? Let's have a look at how you might be able to be immortal. <https://www.youtube.com/watch?v=kzmGExc1pfw>
- › If your family has to make a decision to donate or not to donate your organs, this unfortunately means that you are brain dead. Many people around the world are killed in car crashes and their families decide to donate their loved ones organs. Ultimately these families would prefer to have them alive and well. Discuss, what could you do to prevent your family having to make this heartbreaking decision because of the consequences of a car crash?